

Nathalie's Story



“The Eye Clinic Liaison Officer was my first lifeline. Sight loss changed everything - but with the right support, I’m finding my way again.”

When 29-year-old Nathalie noticed road signs becoming blurry, she assumed she just needed new glasses. Within months, her world changed forever.

Diagnosed with diabetic retinopathy and maculopathy, her vision deteriorated rapidly despite laser treatment and surgery. By the age of 30, Nathalie had lost almost all her sight. She had to give up her job as a pharmacy technician, surrender her driving licence and move back in with her family.

“It wasn’t just losing my sight - it affected every part of my life,” she says. “I didn’t know where to turn or what help existed.”

That changed when Nathalie’s mum spotted a poster about the Eye Clinic Liaison Officer (ECLO).



The ECLO became Nathalie’s first lifeline - explaining her diagnosis, helping her understand her registration as Severely Sight Impaired, helping with vital paperwork and connecting her to the right support.

“Consultants and nurses are amazing, but they’re so busy. The ECLO had the time to sit with me, explain things and guide me step by step.”

Through the ECLO, Nathalie was introduced to My Sight Notts, where she learned new skills, rebuilt her confidence and discovered she could live independently again. She attended IT sessions, took part in the Shared Vision course and joined social groups. Nathalie is now studying to become a teacher within the pharmacy field.

“I wouldn’t be where I am today without the ECLO and My Sight Notts. They gave me hope when I’d lost everything.”

Why Your Support Matters

Every day, people like Nathalie are told they’re losing their sight and leave the clinic scared, confused and alone. The ECLO is often the only person who can bridge the gap between hospital care and life after diagnosis.

But funding for this vital role is limited.

Your donation can help ensure that no one faces sight loss without the compassionate, expert support of an Eye Clinic Liaison Officer.

How to Donate



Help us secure the future of the ECLO at Nottingham University Hospitals and ensure no one faces sight loss alone.

There are many ways you can donate:

Send a cheque to our office at 26-28 Heathcoat Street, Nottingham, NG1 3AA.

Call us on 0115 970 6806 and make a donation over the phone.

Scan the QR code to donate via our ECLO JustGiving campaign: www.justgiving.com/campaign/mysighteclo

Set up a Standing Order or make a donation by Bank Transfer. Bank details below.

Please complete and return the **Gift Aid Declaration** so we can claim an additional 25% of your donation from the Inland Revenue.

To set up a Standing Order or make a donation via bank transfer:

Please pay My Sight Nottinghamshire

Bank: Nat West

Sort Code: 56-00-61

Account Number: 00838659

Please put a reference of ECLO2025.



Name _____

Address _____

Phone number _____

Gift Aid Declaration (UK only)

☐ Yes, I want to Gift Aid my donation.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay the difference.

Signature _____ Date: ____ / ____ / ____

(Please notify the charity if you wish to cancel this declaration, change your name or address, or no longer pay sufficient tax.)

How Your Support Helps

- £7 supports one patient, providing emotional reassurance and guidance
- £80 provides life-changing support for up to 12 patients
- £160 provides a full day of ECLO care and support, helping ensure that no one faces sight loss alone.